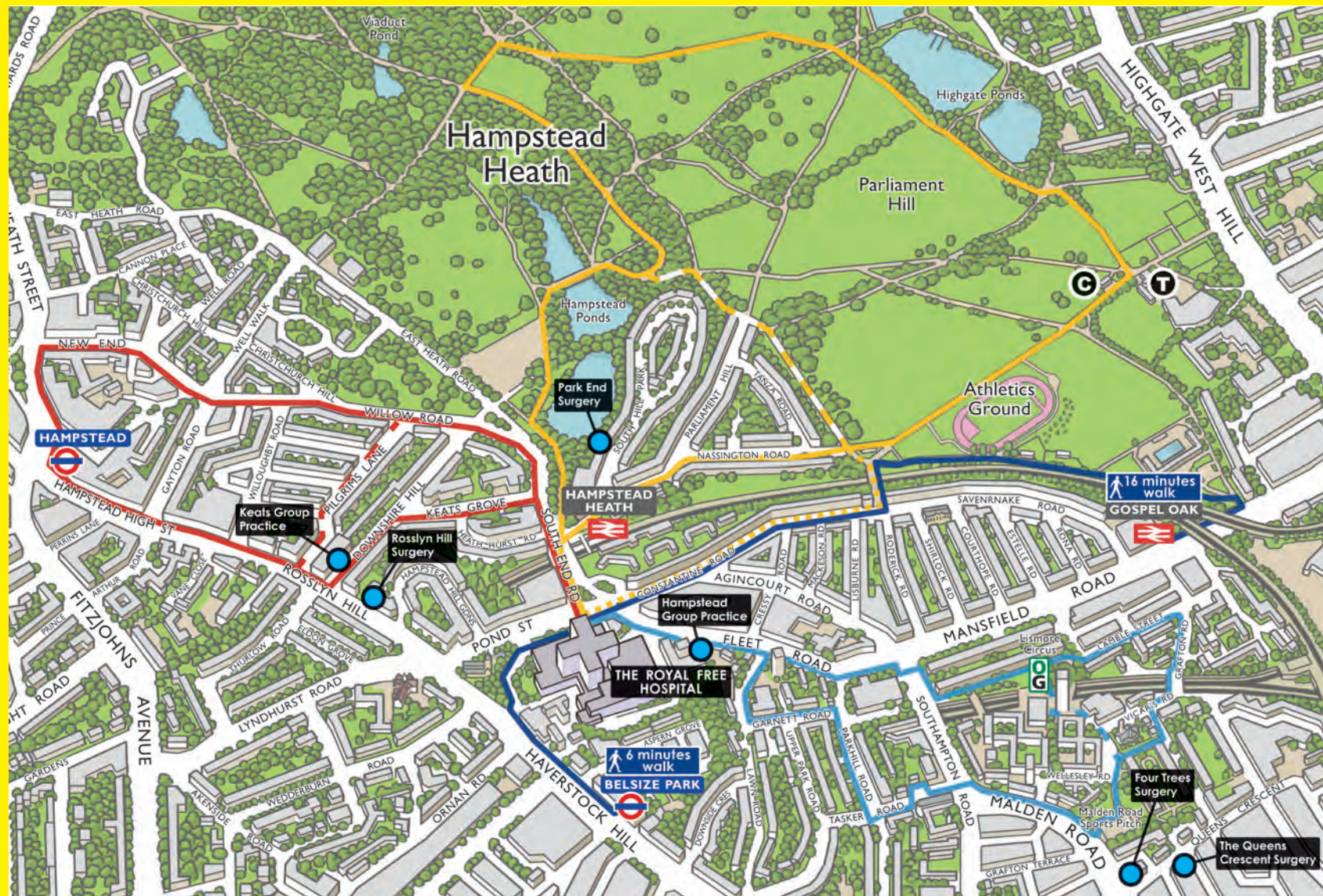








Get Active with NHS Camden's Walking Maps walk 4 life royal free hospital

For more information or to
download a map visit:
[www.camden.nhs.uk/
walkingmaps](http://www.camden.nhs.uk/walkingmaps) or
www.walkengland.org.uk or
www.royalfree.nhs.uk
www.nhs.uk/change4Life



- Gospel Oak Walk: 1.8 miles / 36 mins
- Gospel Oak Short Cut: 1.6 miles / 32 mins
- Hampstead Village Walk: 1.2 miles / 24 mins
- - - Hampstead Village Short Cut: 0.9 miles / 18 mins
- Parliament Hill Walk: 2.5 miles / 50 min
- - - Alternative route avoiding steps and steep gradients
- Parliament Hill Short Cut: 1.3 miles / 26 mins
- Public Transport Link:
To Gospel Oak Railway Station 0.8 miles / 16 mins
To Belsize Park Tube Station 0.3 miles / 6 mins
-  Rail Station
-  Underground Station
-  Outdoor Gym
-  Surgery
-  Cafe
-  Public Toilets disabled access

Walk
England

NHS

NHS Camden
Royal Free Hampstead NHS Trust